LEGENDS

A Special Program for Seniors

PROGRAM OVERVIEW

• Treatment of depression, dementia, acute psychosis and adjustment disorders of aging
• Senior Specific, 65 years and older, voluntary program
• Hospital Inpatient program
• Program covered by Medicare
• Medication Management
• Physical, Recreational and Occupational Therapists & Registered Dietitians
• Family support groups
• Comprehensive discharge planning
• Free assessment

PATIENT REFERRAL

Physicians, mental health professionals or family members may make referrals to the LEGENDS program by contacting the center directly. The patient, if clinically appropriate after assessment, will be admitted and followed by a psychiatrist and a primary care physician for treatment.

TREATMENT PROGRAM

LEGENDS focuses on patients with depression, manic depressive illness, dementia, acute psychosis and adjustment disorders of aging. LEGENDS provides an individualized treatment program for each patient. A variety of approaches are used including group, individual and family counseling. In addition, LEGENDS provides specialties such as occupational, physical and recreational therapy.

PROFESSIONAL SUPPORT STAFF

Our multi-disciplinary team includes psychiatrists, psychologists, social workers, psychiatric nurses, registered dietitians, occupational and recreational therapists. Primary care physicians are an active part of the medical management team.

FAMILY SUPPORT

The patient's family is considered an important part of the care giving team and is encouraged to participate in individual family sessions provided by request. This is a vital part in the patient's discharge planning to maintain treatment goals and support the patient's progress gained to improve his/hers quality of life.

INSURANCE COVERAGE

Hospital treatment services for patients who qualify for admission to LEGENDS are covered by Medicare and supplemental health insurance plans.

LOCATION

LEGENDS is located at Valley Memorial, 1111 E. Stanley Blvd., Livermore, CA 94550. For evaluation/admission, please call: (800) 884-8038 or (925) 373-8038. Our fax number is (925) 373-4067. Lines are answered 24 hours/day.

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